

### Welcome

to the first newsletter dedicated to the CIBSE South Wales Region. Thank you for taking the time to read it. We hope you find it informative and entertaining and that it encourages you to take a greater part in your region.

In this issue we feature the Annual Dinner, upcoming events and a feature on the winner of the region's Sustainable Project of the Year 2009.

Don't forget the Annual Dinner Dance on Saturday 20th February 2010. For more info see Page 4.

### We Want to Hear From You!

- Have you recently become a CIBSE Member?
- Have you got a project you are proud of?
- Is your company doing well?
- Are you looking for more staff?
- Have you recently employed or promoted staff?
- Any good ideas for this newsletter?

Believe it or not this stuff interests us!

Send anything you want featured to us and we will do our best to include it in the next newsletter.

**Sponsorship & Advertising Opportunities available.**



Full House at the CIBSE Dinner

### CIBSE South Wales Annual Dinner

November 2009, Marriot Hotel, Cardiff

The annual dinner saw once again a capacity turnout at the Marriot Hotel, Cardiff. There was plenty of food, drink and entertainment on offer and a good night was had by all!

Notable guests were Ted King, Vice President of CIBSE and Liz Meddings, Chairmain of CIBSE South West region. The night's guest speaker was surgeon Mr Kevin Jones, who gave an hilarious insight into the medical profession. Judging by the audience's reaction, he is probably one of the best speakers that we have ever had at the Annual Dinner.

The committee would like to thank everyone for their continued support in hosting tables and sponsoring the event. In particular, we would like to say a big thanks to the dinner's main sponsors, N G Bailey. Without everyone's support these events could not take place.

The annual dinner also incorporated several award presentations. You can read about these later on in the newsletter.

Thanks to everyone's generous donations on the night, including the lively fellow who paid an extortionate amount for Russell's well modelled waistcoat. Charities who benefited are: Children in Need, Wales Air Ambulance, LATCH, Pembrokeshire Puffins and Cleddau Warriors.

We have included a few prime snapshots of the night below but there are plenty more! To have a cheeky look log on to the CIBSE South Wales photo site using the link below.

<http://s937.photobucket.com/albums/ad215/CIBSESouthWales/CIBSE%20South%20Wales%20Annual%20Dinner%202009/>



We will upload photos from all our future events on this site so add it to your Bookmarks!

If you want copies of any photos please contact us at [CIBSESouthwales@googlemail.com](mailto:CIBSESouthwales@googlemail.com)

### More Pics...

November 2009, Marriot Hotel, Cardiff



Thanks to everyone's generous donations on the night, including the lively fellow who paid an extortionate amount for Russell's well modelled waistcoat.



The speaker, surgeon Mr Kevin Jones, gave an hilarious and slightly alarming insight into the medical profession.



## Award Winners

### Sustainable Project of the Year 2009

Sponsored by Vitec Webber Lenihan



The Hicks Titley Team celebrate a well won award

#### Vital Statistics...

Name:	Annedd Extra Care Facility
Approx Contract Value:	£6.1million funded by WAG
Client:	Carmarthenshire County Council
Developer:	Grŵp Gwalia Housing Association
Building Services:	Hicks Titley Partnership
Architect:	Welsh School of Architecture & PCKO Architects
Civil / Structural:	Ateb Consult
Project Manager:	RPA
Main Contractor:	Tycroes Group
M&E Contractor:	ISTL Engineering



focus on local manufacturers. The collaborative working of the project also impressed the judging panel, with publicly funded grants awarded for many of the renewables.

The design team's focus was to provide a sustainable development using the latest environmental technologies whilst maintaining the homely feel of the development. With this in mind Annedd's design incorporates green roofs, wood pellet biomass boilers providing central heating and hot water, 42m<sup>2</sup> of solar panels, underfloor heating throughout, rainwater harvesting and approx. 40m<sup>2</sup> of photovoltaic cells including a PV artwork glazing element in the entrance foyer. U-values of 0.19 for walls and 1.2 for glazing have been achieved. A BREEAM 'Excellent' score is predicted.

The project is due for completion in Summer 2010.

Annedd Extra Care Facility was the winner of the CIBSE South Wales Sustainable Project of the Year 2009. The £6 million innovative integrated care scheme, developed by Grŵp Gwalia in partnership with Carmarthenshire County Council, will provide integrated care, as well as delivering excellence in housing and support services for people with dementia and their families.

The scheme in Llanybydder, West Wales, comprises of independent living and assisted extra care flats. The design of the scheme aims to create a safe and happy environment for residents whilst retaining a strong connection with the surrounding community.

Annedd stood out as the clear winner as it shows innovative and practical solutions to improve energy efficiency and reduce CO<sub>2</sub> emissions, using renewable sources where possible with a



Anthony Collins of Bridgend College Winner of HNC Student of the Year 2009, receiving his award from Ted King.



Mick Campbell receiving his award for Best BEng Building Services Student of the Year 2009 from Ted King. Mick graduated from University of Glamorgan.

## Let us know!

Every issue we will feature a new project.

If you have a project that you would like featured or just want to brag about then get in contact with us.

## Dinner Dance Saturday 20th February 2010 Marriott Hotel, Cardiff

There are some tickets still available for the annual Dinner Dance.

If you've never been to the Dinner Dance then you are missing a treat. It is a good opportunity to entertain clients and their partners or just to have a good night out!

Great food, drink and service is guaranteed and what's more there is a band! So you can dance the night away (or until you pass out).

Tickets are £44.00 each. This year we are encouraging smaller parties and individuals to come and join us. So if you fancy coming along with a partner or friend then be our guests. It will be a great chance to catch up with all those familiar faces! For larger groups, tables of between 8 and 12 are still available.

Interested?... for a ticket application form email Neil Oliver [jno@neiloliver.plus.com](mailto:jno@neiloliver.plus.com)

## Movers & Shakers...

In the next issue we will feature people who have recently taken on a new position, be it as a new employee or a promotion. If your company has recently recruited or promoted then email us a...

1. Photo
2. Their name
3. Their new position
4. A little blurb about them, for instance...



Jo Bloggs has joined A Company as Business Development Manager. He has 225 years experience in this field and joins us from The Enemy. We are pleased to welcome him into the family.

**Factoid:** According to scientists the picture above is what the 'average' human male looks like!

### Contacts...

#### Chairman.

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#### Secretary.

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## Job Opportunities The Perfect Platform

This newsletter is emailed direct to Consultants, Designers, Technicians, CIBSE Members, Sales Reps, Managers and Contractors in the industry.

If you have a job that you need filling then this could be the perfect platform for you.  
**And best of all it's free!**

Please email all the usual job details to [CIBSESouthWales@googlemail.com](mailto:CIBSESouthWales@googlemail.com)  
All communications held in the strictest of confidence.

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## Diary of Technical Meetings

### Monday

#### 1st February

Commissioning and its Interface with BREEAM

### Monday

#### 8th March

Review of Current and Future Requirements of BREEAM

### Monday

#### 12th April

NEC3 Form of Contract

### Monday

#### 10th May

Building Controls / BMS

### Monday

#### 7th June

Site Visit.  
Location TBC.

All meetings are held at the Village Hotel, Coryton. 17:30 for a 18:00 start.

Food & Drink provided!

**Sponsorship & Advertising Opportunities available.**